



## **LNA Medication-Certified Curriculum**

The curriculum will be a minimum of 4 hours and will include the following elements:

- **Medication Assisting Techniques**
  - ✓ Remind patient/client to take (apply, instill) the right dose of medication at the right time
  - ✓ Place the medication container within reach of the patient/client
  - ✓ Remain with the patient/client to observe taking the medication
  - ✓ Hand over Hand Technique
  - ✓ Storage and handling of medications
  
- **Infection control (Provided through agency orientation/continuing education)**
  - ✓ Proper hand washing techniques prior to facilitating medication administration
  - ✓ Universal Precautions
  - ✓ Management of patients/clients with infectious or contagious diseases
  - ✓ Handling, storage, transportation and disposal of infectious waste
  
- **Observational and Documentation Techniques (Provided through agency orientation/continuing education)**
  - ✓ Record in the patient/client's clinical record that they have supervised the patient/client taking his/her medications including signature of LNA
  - ✓ Document in the patient/client's clinical record any observed or reported side effects, adverse reactions and refusal to take medications or medications not taken

- ✓ Information appropriate to report to supervisor

- **Patient /Client Rights**

- ✓ The Right Patient/Client
  - Verify correct patient/client
  - Read name in the medication label
  - If in doubt, contact supervisor
- ✓ The Right Medication
- ✓ Take time to verify medication name(s) or correct (What and when to report)
- ✓ Documentation of this behavior

- **Recognizing and Reporting Patient/Client Changes**

- ✓ Precautions
- ✓ Interactions

- **Safety and Emergency Procedures (Provided through agency orientation/continuing education)**

- ✓ Heimlich Maneuver
- ✓ CPR Certification recommended
- ✓ Poison Control
- ✓ Reporting to supervisor

## **LNA Medication-Certified Orientation**

The delegating licensed nurse will review individual patient/client medication(s) with LNA Medication-Certified staff and will supervise the LNA Medication-Certified according to the patient/client care plan, agency policies and procedures, and state and federal regulations.

**Supplemental Information** (May be copied for use by course instructors and participants)

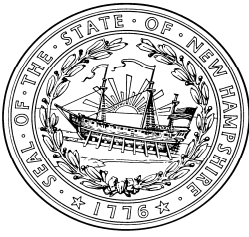
- **Principles of Medication Administration**
- **Routes of Administration**
- **Drug Actions and Interactions**
- **Vitamins and Minerals**
- **Herbal Therapy**
- **Skills Checklist**
- **Class Registry**
- **Sample Certificate of Completion**
- **NH Board of Nursing Faculty Approval Application**

**References**

NH Board of Nursing Chapters 400, 600-800

NH He-P 809 Home Health Care Providers (HHCP)

NH Health Care Association



**STATE OF NEW HAMPSHIRE  
NEW HAMPSHIRE BOARD OF NURSING**

21 S FRUIT ST STE 16  
CONCORD NH 03301-2431  
TDD Access: Relay NH 1-800-735-2964  
Webpage: <http://www.state.nh.us/nursing>

Nursing 603-271-2323

Nurse Asst. 603-271-6282

**APPLICATION FOR FACULTY APPROVAL  
BOARD APPROVED EDUCATION PROGRAMS**

<b>Applicant Name:</b>			
<b>Applicant Address:</b>			
<b>Program Name:</b>			
<b>Program Address:</b>			
<b>Phone Number:</b>		<b>Fax Number:</b>	
<b>E-mail address:</b>			
<p><b>Please check the type of educational program for which faculty approval is being requested. If you are requesting more than one type of faculty approval, please complete a separate faculty approval form for each request.</b></p> <p> <input type="checkbox"/> Registered Nurse Education Program                      <input type="checkbox"/> Licensed Nursing Assistant Program  <input type="checkbox"/> Licensed Practical Nurse Education Program                      <input type="checkbox"/> Medication Nursing Assistant Program  <input type="checkbox"/> Licensed Practical Nurse IV Therapy                      <input type="checkbox"/> Paid Feeding Assistant Program  <input type="checkbox"/> Re-entry                      <input type="checkbox"/> Nurse Extern                      <input type="checkbox"/> LNA Program Train the Trainer  <input type="checkbox"/> LNA Medication Certification Program         </p>			
<b>Please indicate what type of faculty approval you are requesting</b>			
<b>1. RN-BS: Director</b>		<b>10. LPN-IV: Instructor</b>	
<b>2. RN-BS: Educator</b>		<b>11. Re-Entry: Coordinator</b>	
<b>3. RN-AD: Director</b>		<b>12. Re-Entry: Instructor</b>	
<b>4. RN-AD: Educator</b>		<b>13. LNA: Coordinator</b>	
<b>5. LPN: Director</b>		<b>14. LNA: Instructor</b>	
<b>6. LPN: Educator</b>		<b>15. MNA: Reviewer</b>	
<b>7. LNA Medication Certification instructor</b>		<b>16. MNA: Instructor</b>	
		<b>17. Paid Feeding Assistant: Instructor</b>	
<b>8. LPN- IV: Coordinator</b>		<b>18. LNA: Train the Trainer Instructor/Coordinator</b>	
<p><b>Employment Status</b>            Full Time <input type="checkbox"/> Part Time <input type="checkbox"/>            Per Diem <input type="checkbox"/> Adjunct <input type="checkbox"/>  <u>Part time:</u> permanent position of less than 40 hours per week with prorated benefits.  <u>Per Diem/Adjunct:</u> limited position with no attached benefits.</p> <p><b>License/Registration Type:</b>            RN <input type="checkbox"/> LPN <input type="checkbox"/>            ST <input type="checkbox"/> OT <input type="checkbox"/> RD <input type="checkbox"/> PT <input type="checkbox"/></p> <p><b>License/Registration Number:</b>  <b>Expiration Date:</b>  <b>Date of Birth:</b></p>			

Name:

<b>Clinical Specialty Area</b> (Check all areas in which you have clinical experience and are requesting approval.)			
Adult		Medical/Surgical	
Children		Mental Health	
Parent/Child		Community	
OB/GYN/Women's Health		Trauma	
Gerontology		Oncology	

<b>Basic Nursing Education:</b>				
Name of Program	City	State	Date Completed	Diploma/Degree

<b>Graduate Nursing Education:</b>				
Name of Program	City	State	Date Completed	Diploma/Degree

**RN and LPN Education Program Faculty:**  
**Please be sure to attach a copy of the final college transcript documenting compliance with Nur 602.05 and 602.07 (a),(b) or (c).**  
 (Transcript NOT required for other education program faculty requests)

**Describe how you meet the experience requirements for the faculty approval that you are requesting. Please submit copy of resume with this application.**

<b>Applicant Signature:</b>	<b>Date:</b>
<b>Program Official Signature:</b>	<b>Date:</b>
<b>Board of Nursing Approval:</b>	<b>Date:</b>
<b>Temporary Approval:</b>	<b>Expiration Date:</b>
	<b>Date:</b>

## Home Care Association of New Hampshire

### LNA Medication-Certified Post-Test

1. What are the 6 “Rights” pertaining to medication administration?
  - a.
  - b.
  - c.
  - d.
  - e.
  - f.
2. A patient who is allergic to shellfish is not likely to be allergic to some medications.
  - a. True
  - b. False
3. Water-soluble vitamins are excreted in urine shortly after they are absorbed.
  - a. True
  - b. False
4. An undesired outcome of a medication is called:
  - a. An emergency
  - b. A risk factor
  - c. An adverse reaction to a medication
  - d. A side effect of a medication
5. Which route of administration would the LNA-MC not be allowed to assist the patient with?
  - a. Aerosol
  - b. Inhalant
  - c. Drops
  - d. Injectable
  - e. Tablet
  - f. Cream

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6. What is your role in preparation for Medication Assistance?
  - a. Wash hands
  - b. Review medications on patient care plan
  - c. Review the 6 "Rights"
  - d. Document
  - e. All of the above
  
7. The desired action of a medication is called its
  - a. Medication reaction
  - b. Safety action
  - c. Addictive action
  - d. Therapeutic effect
  
8. A patient shows he knows how to self-medicate by
  - a. Explaining to his family how to medicate
  - b. Knowing the name of the medication
  - c. Demonstrating to the nurse how to self-medicate
  
9. Which would be considered medication administration rather than medication assistance?
  - a. Opening the medication pill planner for the patient
  - b. Pouring two tablets into the client's hands from the pill planner
  - c. Handing a medication container to the patient
  - d. Taking medications from a prescription bottle and giving to the patient
  - e. Reminding the patient to take the medication
  
10. What vitamin is acquired through sunlight?
  - a. Vitamin A
  - b. Vitamin E
  - c. Vitamin D
  - d. Vitamin C
  
11. The best practice to store medications is in the bathroom cabinet since that is a convenient location for most people.
  - a. True
  - b. False
  
12. Herbal therapies
  - a. Do not require FDA approval
  - b. Are safe to self-medicate as long as the patient is undergoing regular therapy
  - c. Require a prescription from a specially certified physician
  - d. None of the Above

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13. A patient is having a difficult time swallowing one of their pills because they are too large. The LNA-MC should:
- Crush the tablet and put it in applesauce
  - Break the tablet in half
  - Call the nurse
  - Tell the patient to try to swallow it
14. Which of the following is true regarding administration of medications by the oral route?
- It is convenient and relatively inexpensive
  - Oral administration is best for all patients
  - Gastrointestinal upset rarely occurs
  - Water given with medication retards drug absorption
15. Using a prescribed pain management routine:
- Helps prevent a patient from becoming dependent on a drug
  - Helps the patient afford the medication
  - Increases the risk of becoming drug dependent
  - Is most likely to give the patient pain relief
16. Music cannot help relieve pain.
- True
  - False
17. Which statement regarding medications should the LNA-MC report to the nurse?
- I do not want to take that one. It upsets my stomach.
  - These drugs are very expensive and I cannot afford them.
  - I will run out of my medications in a few days.
  - I do not think this medication is helping me.
  - All of the above
18. Antibiotics fight off viruses.
- True
  - False
19. The nurse should instruct the patient to monitor for adverse side effects of herbal therapies.
- True
  - False
20. When assisting a patient with medications, the patient reports, "I do not usually take this medication until later." The LNA-MC should
- Put the medication away for the patient to take later
  - Encourage the patient to take the medication since it is on the list
  - Ask the patient's family when he should take the medication
  - Call the nurse

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21. A good source of dietary potassium is
- Bread
  - Milk
  - Eggs
  - Bananas
22. To maintain safety when assisting patients with medications do all except:
- Talk to the patient about your day to keep them calm while you are assisting them to take their correct medication
  - Instruct the patient not to take medication that looks discolored
  - Instruct the patient to keep medications out of reach of children that may be in the home
  - Instruct the patient to follow the nurse's instructions on whether to take medications with food
  - Stay with the patient until medication is swallowed and then document that assistance was completed
23. Spinach is a good source of iron.
- True
  - False
24. Commonly used medications for relieving headaches are aspirin, acetaminophen and ibuprofen.
- True
  - False
25. If the patient asks you to get her an OTC medication for a headache you would:
- Go and get the medication and give it to the patient
  - Be sure the patient hasn't had any medication in at least 6 hours
  - Call the nurse
  - Ask the patient's spouse if it is OK to give the medication.
26. The nurse informs you that the patient is taking a narcotic for pain. Which of the following symptoms is a common side effect to report to the nurse?
- Constipation
  - Diarrhea
  - Increased respirations
  - Hand tremors
27. It is important to assist the patient to take medication at scheduled times to ensure:
- Use of all packaged medication
  - Therapeutic blood levels
  - Minimal adverse effects
  - Patient compliance
  - All of the above

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28. The most effective method of preventing infection is:
- Accurate administration of medication
  - The use of isolation procedures
  - Keeping the skin clean and dry
  - Hand washing
29. When assisting with medications, when should the LNA-MC review the patient's care plan?
- When preparing to assist the patient with medications
  - Before handing the container to the patient
  - When returning the container after the patient has taken the medication
  - All of the above
30. When a patient appears depressed, which of the following should the LNA-MC note and report to the nurse?
- Suicidal thoughts
  - Blood pressure
  - Social skills
  - Habits

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Home Care Association of New Hampshire  
LNA Medication-Certified Post-Test Answer Sheet

1. Right patient, right medication, right dose, right route, right time, right documentation
2. B
3. A
4. D
5. D
6. E
7. D
8. C
9. D
10. C
11. B
12. A
13. C
14. A
15. D
16. A
17. E
18. B
19. A
20. D
21. D
22. A
23. A
24. A
25. C
26. A
27. B
28. D
29. D
30. A

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