

Aide Newsletter- December 2017 Post Test - Falls Prevention

Name: _____ **Date:** _____

Circle True or False

1. Falls are not a cause of an older person losing their independence.

True False

2. Poor vision can increase a person's risk of falling.

True False

3. A person's environment does not have anything to do with a risk of falls.

True False

4. Proper lighting in a person's home is an important factor in falls prevention.

True False

5. Rushing to the bathroom, especially at night, increases the chance of falling.

True False

6. The risk of falling increases after an elderly individual comes home from the hospital.

True False

7. Falls are the most common cause of traumatic brain injuries (TBI).

True False

8. Preventing accidents requires the development of a habit of safety awareness on the job and in one's own personal life.

True False

9. One out of five falls causes a serious injury such as broken bones or a head injury.

True False

10. Older adults with a physical disability are not at greater risk of falling than older adults without a physical disability.

True False