



THE CLEAR PATH PROJECT

BEHAVIORAL
HEALTH CARE
FOR THE
ELDERLY..
AT HOME

A New Option for Seniors With Psychiatric Illness

The homebound elderly are more likely to have behavioral health conditions than other seniors. Providing them with the treatment can be challenging. A national study showed that the prevalence of depression in the homebound elderly ranges from 13% to 46%; 78% of them were not getting the treatment they needed.¹ In New Hampshire, more than half of NH Medicaid patients older than 65 have a behavioral health condition.²

In response to growing concerns about unmet needs, the Home Care Association of New Hampshire created The Clear Path Project. Its goal is to improve patient care and overall health outcomes for homebound seniors with psychiatric diagnoses.

Twenty home health care agencies – covering all of New Hampshire – are expanding their capabilities to offer psychiatric skilled care. By late 2013, these agencies will begin working with physicians to implement Medicare-compliant plans of care for patients with:

- ◆ Depression
- ◆ Anxiety
- ◆ Schizophrenia
- ◆ Bi-polar disorder

Contact home health agencies directly to discuss your patients' needs.

Admission Criteria

- ◆ Patient must have a psychiatric illness
- ◆ Patient must be homebound
- ◆ Patient must require the skills of psychiatric nurse
- ◆ Patient must be under the care of a physician

Exclusion Criteria

- ◆ Patient is a danger to self or others
- ◆ Patient is actively abusing drugs/alcohol and is in substance abuse treatment

Services

- ◆ Comprehensive assessment
- ◆ Individualized treatment plans
- ◆ Medication management & education
- ◆ Care management
- ◆ Individual & family supportive psycho-education
- ◆ Behavior management
- ◆ Education of disease processes
- ◆ Linkage to community services

¹Bruce, et al., 2002, Major Depression in Elderly Home Health Care Patients, *American Journal of Psychiatry*, 159(8)

²NH Center for Public Policy Studies, 2008, *Mental Health and Adults: Aging Will Drive the System*

The Clear Path Project Home Health Agencies

Central NH VNA & Hospice

780 N. Main Street,
Laconia, NH, 03246
603-524-8444

Concord Regional VNA

30 Pillsbury Street
Concord, NH, 03301
603-224-4093

Connecticut Valley Home Care & Hospice

958 John Stark Highway
Newport, NH 03773
603-543-6800

Cornerstone VNA

178 Farmington Road
Rochester, NH 03867
603-332-1133

Healthy At Home

45 High Street, #2
Nashua, NH 03060
603-595-4243

Home Health & Hospice Care

7 Executive Park Drive
Merrimack, NH 03054
603-882-2941

Home Health VNA

360 Merrimack St, Bldg. 9
Lawrence, MA 01843
978-552-4000

Home Healthcare, Hospice & Community Services

PO Box 564
Keene, NH 03431
603-352-2253

The Homemakers Health Services

215 Rochester Road
Rochester, NH 03867
603-335-1770

J & K Home Care

PO Box 4143
Windham, NH 03087
603-893-9214

Lake Sunapee VNA & Hospice

107 Newport Road
New London, NH 03257
603-526-4077

North Country Home Health & Hospice

536 Cottage Street
Littleton, NH 03561
603-444-5317

Northwoods Home Health & Hospice

278 Main Street
Lancaster, NH 03584
603-788-5020

Pemi-Baker Community Health

101 Boulder Point Drive, #3
Plymouth, NH
603-536-2232

Regency Home Health, LLC

8025 South Willow Street, #206
Manchester, NH 03103
603-665-9800

Rockingham VNA & Hospice

137 Epping Road
Exeter, NH 03833
603-772-2981

Silver Touch Home Healthcare

PO Box 122
Merrimack, NH 03054
603-424-9479

St. Joseph Home & Hospice Care

24 N. River Road
Milford, NH 03055
603-673-3460

Visiting Nurse, Home Care & Hospice of Carroll County

PO Box 432
North Conway, NH 03860
603-356-7006

VNA of Manchester & Southern New Hampshire

1070 Holt Ave., Suite 1400
Manchester, NH 03109
603-622-3781



www.homecarenh.org