

# Grow Your Behavioral Health Team



## THE CLEAR PATH PROJECT

### Flexible Training Options and Updated Materials



The Clear Path Project is a unique initiative created by the Home Care Association of New Hampshire to expand the capacity of home health agencies to care for patients with behavioral health diagnoses and improve overall health outcomes. It consists of clinical training and materials developed by our national experts, C & V Senior Care Services, and 19 webinars produced by the Association. Twenty-one member agencies have participated in this ground-breaking project, and over 300 clinicians have been trained.

With the Clear Path Project now in its fourth year, HCANH and C & V Senior Care Services are offering new options to help agencies maintain momentum in their behavioral health program.

#### Expert Faculty:

**Katherine Vanderhorst, BSN**, is President of C&V Senior Care Specialists. She is a psychiatric nurse specializing in behavioral health and Alzheimer's care. She has published two studies on the effectiveness of behavioral health home care and is the co-author of two books and numerous articles on behavioral health and dementia care for seniors at home.

**Dr. Amy Craven** is Vice-President of C & V Senior Care Specialists and a doctor of physical therapy with over 25 years of clinical and leadership experience in home health rehabilitative care. She specializes in clinician and caregiver education to effectively treat patients with Alzheimer's disease.

# Clear Path Project—Year Four

## On-line On-Demand Clinical Behavioral Health Training

Six on-line modules introduce new clinicians to the **Road to Wholeness** material and give them the basics of behavioral health skilled nursing care that is compliant with Medicare regulations. This training is the same as the full day program C & V previously offered in New Hampshire. Clinicians should have access the agency's **Road to Wholeness Manual and Care Guides** while they are taking the course. Each clinician has two weeks to complete the 6 modules. Six hours of continuing education nursing credits are available upon completion of the online exam.

**Fee: \$189 per person**

## Clear Path Project On-Demand Webinars

Once clinicians complete the on-line training, they will have **FREE** access to all 19 webinars in HCANH's Clear Path Project Archive. These provide additional training on diverse topics such as assessment tools, medication management, de-escalating difficult patients, operational management and more. Ideal as a refresher for past participants as well.

**No additional fee**

## Road to Wholeness Comprehensive Operational Manual—Revised

The revised manual includes essential operation materials from previous editions plus updates including Caregiver Strain & Global Deterioration scales and teaching tools including Anxiety Stress Worksheet, Worry Stress Control Chart, Mood and Activity Chart, Activity Mood Chart with Goals. There is a new documentation section as well, with Triggers/Red Flags Nursing Note Checklist, Documentation Samples, Pod Call Questions and Spreadsheet, as well as Depression, Anxiety, Bipolar & Schizophrenia Assessment Intervention Instruction Checklists.

**Operational Manual Fee: \$275**

# Registration

## Setup instructions for Clear Path Project Participating Agencies

**To register:** Fill out the form, fax or mail to C&V Senior Services at the address provided, or email to: Katherine Vanderhorst at [kvanderhorst@cvseniorcare.com](mailto:kvanderhorst@cvseniorcare.com). Participants will be e-mailed a confirmation link to start the training. Simply enter your name, e-mail address, the agency's name and the passcode from the confirmation e-mail to begin the training. E-mail the completed exam to C&V Senior Care Services at the address above. Participants will receive the results of the test and a certificate of completion within 3-5 days.

Participant \_\_\_\_\_ E-Mail \_\_\_\_\_

Participant \_\_\_\_\_ E-Mail \_\_\_\_\_

Participant \_\_\_\_\_ E-Mail \_\_\_\_\_

Agency Name \_\_\_\_\_

Agency Address \_\_\_\_\_

Town \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Contact Person \_\_\_\_\_ Phone # \_\_\_\_\_

Email \_\_\_\_\_

Clinical BH program \$189 per registrant \_\_\_\_\_

Road to Wholeness Manual \$275 (optional) \_\_\_\_\_

19 On-Demand Prerecorded Webinar Trainings **no additional fee**

Total Amount: \_\_\_\_\_

## Send Payment and Registration Information to C & V Senior Services

### Method of Payment:

Check

Visa

MasterCard

Name on Card \_\_\_\_\_

Credit Card # \_\_\_\_\_

Signature \_\_\_\_\_

Total Amount: \_\_\_\_\_

Exp. date \_\_\_\_\_

CVM Code (3 digits on back) \_\_\_\_\_



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