Aide Newsletter- December 2017 Post Test - Falls Prevention

Name: ____________________________  Date: __________________

Circle True or False

1. Falls are not a cause of an older person losing their independence.
   True  False

2. Poor vision can increase a person’s risk of falling.
   True  False

3. A person’s environment does not have anything to do with a risk of falls.
   True  False

4. Proper lighting in a person’s home is an important factor in falls prevention.
   True  False

5. Rushing to the bathroom, especially at night, increases the chance of falling.
   True  False

6. The risk of falling increases after an elderly individual comes home from the hospital.
   True  False

7. Falls are the most common cause of traumatic brain injuries (TBI).
   True  False

8. Preventing accidents requires the development of a habit of safety awareness on the job and in one’s own personal life.
   True  False

9. One out of five falls causes a serious injury such as broken bones or a head injury.
   True  False

10. Older adults with a physical disability are not at greater risk of falling than older adults without a physical disability.
    True  False