

February 2019- In-Home Aide Newsletter - Post Test **Answers**- Loneliness and Depression

1. Depression is a normal part of aging.

False

2. Depression can occur along with other serious illnesses such as diabetes, cancer, and heart disease.

True

3. Loneliness in conjunction with other physical and mental problems can increase depressive feelings.

True

4. Very often, people who experience anxiety also have depression.

True

5. Sadness is always a part of depression.

False

6. People with depressive illness will all experience the same symptoms.

False

7. Depression can affect the body, not just the mind.

True

8. Becoming informed about depression and reporting to your supervisor possible signs of depression in your client are part of the In-home aide's role

True

9. Older adults with depression may have less obvious symptoms.

True

10. If your client is suicidal you should not leave them alone and you should contact your supervisor immediately and follow your agency policies regarding this type of emergency

True