

Nearly, 1 in 5 adults has a mental illness. By 2030, adults over 65 will account for 20% of the US population. Research from the CDC shows that Medicare recipients in home health have diagnoses of Depression at a rate of 37.9% and Dementia at 31.4%. These diagnoses often complicate the successful treatment of other co-morbidities and have negative effects on outcomes and increase health care costs, when not addressed. Older adults with Depression, and other mental illnesses have increased risk of hospitalizations, nursing home admissions, risk of falls and increased risk of ER and MD visits. Our 4-part series will give the paraprofessional the skills to communicate with a client with mental illness, understand the symptoms of mental illness, what to report to the care manager on the case and how to assist a client to maintain their overall self-care management. Providing staff with the with the skills to understand the client with mental illness will decrease staff fear and empower caregivers with new skills. Many of these webinars will present case study examples that will offer the staff member the chance to discuss how they might integrate information they have learned into daily care. A post-test for each webinar will be reviewed at the end of every webinar.

Role of the Aide in Mental Illness-Creating a therapeutic relationship, communication strategies, limit setting
October 17, 2019

This webinar teaches the caregiver how to develop a therapeutic relationship, effective communication strategies to use with clients, how to set and maintain limits with clients and families.

What is Mental Illness? -Depression, Anxiety Disorders
October 24, 2019

This webinar will review what is mental illness and review two of the leading diagnoses-Depression and Anxiety disorders in the elderly population. Webinar will review overview of these disease states, how to communicate with someone with Depression and Anxiety, strategies to refocus the patient and a checklist of warning signs that should be reported to the Care Manager/slash office to minimize hospitalizations and emergency utilization.

Schizophrenia, Bipolar and Handling Psych Emergencies
October 31, 2019

Schizophrenia and Bipolar Disorder are challenging mental health diagnoses. Staff will learn how to communicate with someone with Schizophrenia and Bipolar Disorder and a checklist of warning signs that should be reported to the Care Manager/ office to minimize hospitalizations and emergency utilization. This session will also review warning signs of suicidal behavioral and how to respond to these behaviors as well as document key behavioral observations.

Substance Use Disorders-Signs of intoxication, overdose, basic principles of supporting recovery
November 7, 2019

This webinar will review substance use disorders and how to observe for signs of intoxication and overdose. What to do if a patient is overtly intoxicated or has overdosed. Strategies to encourage a patient's positive recovery will be presented.

Continuing Education: Those requesting CEUs must participate in the entire 4-part presentation for contact hours to be awarded. All participants watching the webinar, or its recording are eligible for CEUs. Those who wish to receive CEUs must complete the online evaluation. Please make sure that you enter the contact person's name and e-mail address on the registration form. All correspondence and site registration information will be sent to this person. No commercial support has been provided for this program.

Presenters: Katherine Johnson Vanderhorst, RN,BSN, President and Amy Craven, P.T., M.S., D.P.T., Vice President at C & V Senior Care Specialists, Inc. C & V Senior Care Specialists is a consulting firm specializing in offering education and training to Certified and Licensed home care agencies, Assisted Living facilities, Skilled Nursing facilities, and Hospital systems behavioral health care and the care of the person with Alzheimer's disease. C & V offers on-site and web based clinical, operations, and marketing training plus a wealth of written resources that facilitate growth of a new clinical program.

Target Audience: This 4-part progressive webinar series is for all clinical staff who provide hands-on care in the home setting. A focus on anatomy and physiology is integrated with critical elements of clinical documentation to support the OASIS, PPS elements, and the diagnosis code set. Expert presenters from C & V Senior Care will review common and complex home health scenarios, applying this expanded diagnosis code set with required aspects of clinical documentation to support skilled care and homebound status.

Registration Fee: Member rate per agency is \$400.00 - Non-member agencies \$600.00



Road to Wholeness

Psychiatric Series for Aides, LNAs and Direct Caregivers
 Oct 17, 24, 31 & Nov 7, 2019
 12:00 p.m. to 1:00 p.m. Eastern
 Recording INCLUDED!



Convenience: Enjoy the convenience and cost-efficiency of a webinar – watch the speaker’s slide presentation on the internet while listening by telephone or through your computer’s microphone and speakers (VoIP). *There is no limit to the number of attendees from your agency who may participate* at your site using one phone line and a computer with internet access, and then train additional staff with the recording. The recording is available through **December 31, 2019**.

Confirmation: Prior to the webinar, a GoToWebinar link will be e-mailed to the contact listed on the registration form. You will need to register through this link to receive a unique login and attend the webinar. The confirmation e-mail will include a join link to access the webinar, a dial-in number and an access code to listen in via telephone. You will also be sent any pertinent handouts, if available, and a link to the evaluation. Each participant wishing to receive CEUs must complete the online evaluation.

Registration: The **registration deadline is October 10, 2019**. Home Care Alliance of New Hampshire reserves the right to cancel this program for low enrolment. Any funds received would be returned in entirety. Registrations may not be shared between agencies – each registration covers the access of one phonenumber/computer access to the webinar (PLUS THE RECORDING). Multiple site participation for your agency will require a separate registration fee for each connection. The handouts will be emailed to you to the email address you provide. Please feel free to provide an additional email address as a backup.

	Links to Live Broadcast & Recording	
	Alliance Member	Non-member
Psych Series for Care Providers October 17, 24, 31 & Nov 7, 12:00 to 1:00	\$400	\$600

Contact Name: _____ Agency Name: _____
 Agency Address _____ Agency City, State, Zip: _____
 Attendee Email: _____
 Phone: _____ Alternate Email: _____

Payment:

I owe the amount of \$ _____ for the courses selected above.

My check payable to the NH Alliance is enclosed.

Charge my:



Credit Card Number _____ Exp. Date _____ Security code _____

Name (as it appears on card) _____

Billing Address (of cardholder) _____

Signature (required) _____

Mail, fax or e-mail form to:

Home Care, Hospice & Palliative Care Alliance of New Hampshire, 8 Green Street, Concord, NH 03301

Fax: 603-225-5817, Ph: 603-225-5597, E-mail information to: info@homecarenh.org

OR SAVE A STEP! Registration with payment options – including invoice and “pay by mail” is now available at www.homecarenh.org